What do you remember most about him?

Your Grandfather was a very special person in your life. Take some time to think about what you remember most about him and write it below. You could write about your favorite game that you would play together, your favorite place you would go together, or even a favorite song you both shared.

"Do not stand at my grave and weep I am not there. I do not sleep.

I am a thousand winds that blow.

I am the diamond glints

I am the sunlight on ripened grain.

I am the gentle autumn

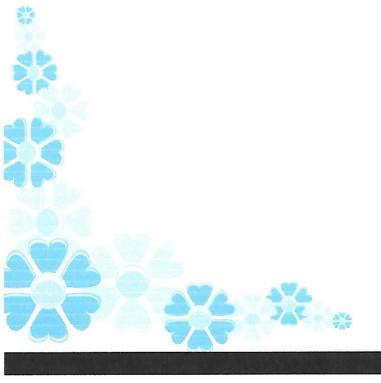
When you awaken in the morning's hush
I am the swift uplifting

Of quiet birds in circled flight.

I am the soft stars that shine at night.

Do not stand at my grave and cry;
I am not there. I did not die.

- Mary Elizabeth Frye



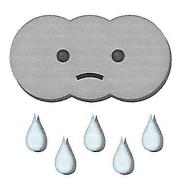
Draw A Memory

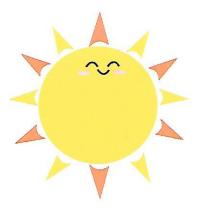
Now that you've thought of some of the memories you and your grandfather shared, draw a picture of that favorite memory. You can draw, paint or write anything that comes to mind.

What are you feeling?

Since your grandfather's death you may be feeling sad, confused, or even lonely. It's important to let your family know how you feel. Think about the kinds of feelings you've had since your grandfather's death and write them below.

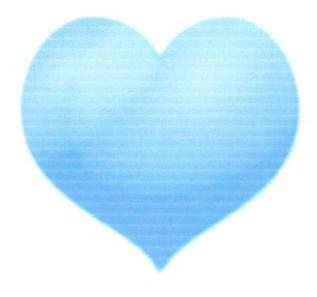






Remember how much he loved you.

Knowing your grandfather has died can be very hard to understand. By remembering how much you loved him and how much he loved you keeps him alive and with you in your heart.



"Never. We never lose our loved ones. They accompany us; they don't disappear from our lives. We are merely in different rooms."

- Paul Coelho, Aleph